

Please mail in your registration today!

## Events & Times

**Location:** Red Bridge Park, Cicero, IN

**Date:** Saturday, May 6, 2017

### Times:

|              |                              |
|--------------|------------------------------|
| 8:00—8:45 am | Check-in & T-shirt pick up   |
| 8:00—8:45 am | Walk-up registration         |
| 9:00 am      | 5K Timed Run                 |
| 9:03 am      | 5K Fun Run                   |
| 9:05 am      | 5K Walk (1 & 2 mile markers) |

### Pre-Registration:

Deadline for pre-registration is **FRIDAY, APRIL 14, 2017**.  
Pre-registration reserves a T-shirt (must be picked up the day of the event).

### Entry Fees:

**Individuals** \$20.00 per person

**Team of 10 or more** \$15.00 per person

Each team member must fill out an individual registration form. Team captains should submit individual team member registration forms and payment together.

**Children 11 and under** Free (no T-shirts)  
Parents must fill out a registration form with signed release for each child.

### Walk-Up Registration:

Participants registering on the day of the event are **NOT** guaranteed a T-shirt.



### Please return this form with payment to:

Mephibosheth Ministries, Inc.  
1715 Stringtown Pike  
Cicero, IN 46034

### Make checks payable to: Mephibosheth Ministries, Inc.

No credit cards accepted.

### Questions?

Please contact Pam Conder, event coordinator, [pamjconder@gmail.com](mailto:pamjconder@gmail.com) if you have questions or would like to volunteer for the Dash.

## Registration Form

Complete one form per participant (form may be copied) Please Print Legibly.

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Age \_\_\_\_\_ Sex (check one)  M  F

Phone \_\_\_\_\_

Email \_\_\_\_\_

Emergency Contact

Name \_\_\_\_\_

Phone \_\_\_\_\_

Team Name \_\_\_\_\_

Team Captain \_\_\_\_\_

### Participating in (CHECK ONE)

5K TIMED RUN  5K FUN RUN  5K WALK

### Adult T-shirt Sizes (CHECK ONE)

S  M  L  XL  2X

**To participate in the Dash for disAbilities, you must sign the following release:**  
In consideration of the acceptance of this entry, I waive all claims for myself and my heirs against Mephibosheth Ministries, Inc. for any injury of illness which may result directly or indirectly from my participation. I further state that I am in the proper physical condition to participate in this event. In addition, I also give Mephibosheth Ministries, Inc. permission to use photographs of myself taken at the Dash for disAbilities and associated events in future event promotion.

### REQUIRED SIGNATURE

REGISTRANTS UNDER 18 YEARS OF AGE MUST HAVE A PARENT'S SIGNATURE IN ORDER TO PARTICIPATE IN THE DASH.

(Parent's Signature required for registrants under 18 years of age)